



Week beginning: 19th February 2024

Welcome back. It has been lovely having the children back and hearing about their half term adventures.

The Leesons Team

Attendance and Punctuality

Our attendance and punctuality for this week can be seen in the table below.

Class	Attendance (%)
Little Orchard	80%
Hedgehog	86.03%
Squirrel	95.59%
Robin	90.95%
Owl	94.69%
Woodpecker	96.67%
Kingfisher	88.79%
Badger	93.75%
Fox	98.44%
Rabbit	94.64%
Mole	94.5%
Otter	93.3%
Stag	76.92%
Kestrel	85.19%

Well done to Fox Class who won Leo the Attendance Bear the Attendance cup this week!

Well done to Rabbit Class who won the Punctuality cup this week!

Well done to Owl Class for winning the Walk to School Award.



Leesons Primary School Weekly Newsletter



Language of the week

The language this week is Welsh, the greeting is 'Shwamae', however if you want to know how to pronounce this properly it would be best to ask Mr Collins! One interesting fact is that the Corgi dog originates from Wales.

Oracy Talk Topic

At home, we would like you to pick an evening that is convenient and come together as a family to discuss the 'Talk Topic'. In order to ensure that your child participates in high-quality talk, please remember to play devil's advocate during the discussion. Your child should not only be given the opportunity to agree and build on other viewpoints, but also challenge/disagree, explain and justify.

The 'Talk Topic' for this week is the following:

'Would you rather live in a world where everyone can read minds or a world where no one can lie?'

Leesons Reading Challenge

Earlier in the year we introduced the reading challenge trees that show the 100 books that we encourage to be read in each year group. The children can earn certificates (5, 10, 15, 20, 25, 50, 75 and 100 books) and a golden ticket which enables them to receive a book from the vending machine.

We would like to celebrate our wonderful readers at Leesons by sharing their reading success.

Name	Class	Certificate
Ben	Rabbit	20 books
Isla	Fox	10 books
Sophia	Fox	5 books

Fox Class children were challenged to read as often as possible over the half term holiday, a number of children read for 5 or more days and were awarded with a Golden Ticket to claim a book from Mr Collins. Well done Fox Class, keep up the great work.



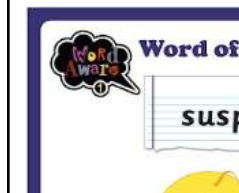





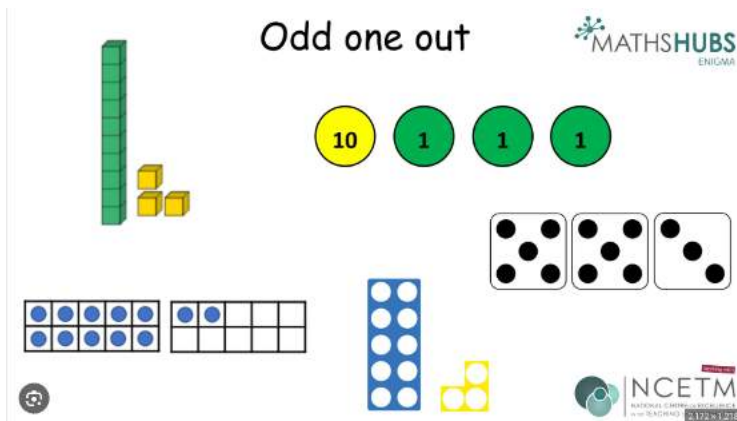
Book of the week



Word Aware

EYFS/KS1	KS2								
<div data-bbox="319 791 557 982">  <p>Word of the Week</p> <p>stuffy</p>  <table border="1"> <thead> <tr> <th>Meaning</th> <th>Challenge</th> </tr> </thead> <tbody> <tr> <td>A room that is too hot and there isn't enough air.</td> <td>Ask someone at home to say the word stuffy in a sentence.</td> </tr> </tbody> </table> <p>CELEBRATING WORDS</p> </div>	Meaning	Challenge	A room that is too hot and there isn't enough air.	Ask someone at home to say the word stuffy in a sentence.	<div data-bbox="805 791 1042 982">  <p>Word of the Week</p> <p>suspicious</p>  <table border="1"> <thead> <tr> <th>Meaning</th> <th>Challenge</th> </tr> </thead> <tbody> <tr> <td>Not trusting someone or something.</td> <td>If someone is being suspicious, what might you notice?</td> </tr> </tbody> </table> <p>CELEBRATING WORDS</p> </div>	Meaning	Challenge	Not trusting someone or something.	If someone is being suspicious , what might you notice?
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Maths Challenge



E-safety

At The National College, our WakeUpWednesday guides empower and equip parents and carers with the confidence and practical skills to be able to have informed and age-appropriate conversations with their children about online safety, mental health and wellbeing, and climate change. For further guides, hints and tips please visit nationalcollege.com.

10 Top Tips on Supporting Children with SELF-REGULATION

Children need to learn to understand and recognise their emotions, while finding healthy ways to process them. Emotional self-regulation, however, depends heavily on age and development. While very young ones or children with special educational needs and disabilities (SEND) may find it particularly challenging to self-regulate, nurturing these important skills can be hugely beneficial. Here are ten top tips for supporting children with their self-regulation.

1. DESIGNATE A TRUSTED ADULT

It's vital that children feel safe and know that there's someone they can always go to for help if they need it. Schedule consistent times for the child to develop a relationship with this person – ideally through play and games – allowing trust to grow and ensuring that the child is more likely to come forward if anything is wrong, rather than hiding their emotions.

2. MEET CHILDREN HALFWAY

Unless you know where a child is developmentally and tailor your approach to their needs, you're less likely to have an impact. In particular, younger ones and children with SEND can struggle to self-regulate and instead rely on others to help them. We call this 'co-regulation'. Rather than offering strategies for self-regulation, it could be better to start co-regulating with a trusted adult first.

3. FACTOR IN THEIR BASIC NEEDS

Remember that for a child to develop emotional regulation skills, their basic needs must be met first. Children who are hungry, tired, cold and so on – as well as those who have experienced adverse childhood experiences – may struggle to self-regulate. Before you develop strategies with any child, make sure they feel safe, secure and comfortable in themselves.

4. REMAIN PATIENT

If a child is struggling with their emotions, it can often become difficult to stay calm. Remember that dysregulation is beyond their control, so a display of frustration or anger could negatively impact the situation. Instead, children need to be met with comfort and understanding to help them manage these problematic feelings.

5. BE 'A DYSREGULATION DETECTIVE'

While some children can tell you why they become dysregulated, many others can't. You could investigate potential triggers by observing the child and talking to their family. When the child becomes dysregulated, note down details like the time, what they're doing and who they're with – the trigger may be someone they sit near, an unmet sensory need or something else entirely. Once we identify some triggers, we can help to avoid or overcome them.

6. USE SUITABLE LITERATURE

There are some wonderful books that can help you teach self-regulation to children. Reading these with a child can be especially powerful. Take time to discuss the content: ask questions about what feelings the characters had, why they felt that way and what strategies helped them. It can also be useful to refer back to snippets of these books at appropriate moments.

7. TRY SENSORY RESOURCES

An overlap between sensory needs and emotional regulation is possible. Children may struggle to self-regulate if they're experiencing sensory overload (a noisy classroom, for example). Positive sensory input can help calm them down. Use resources such as weighted blankets and fibre-optic lights. Of course, what works for one child might not work for another – so it's important to offer a choice of resources to discover which they prefer.

8. NURTURE INDEPENDENCE

If you feel it's appropriate, let children try out these strategies alone. Always offer them a choice: they could listen to music when they're feeling stressed, for example, or they could write down their worries or draw something to represent how they feel. This may take time for the child to get used to, so be patient. Encourage them to share any helpful strategies with a trusted adult.

9. MODEL GENUINE FEELINGS

Children learn a lot just from watching grown-ups. Don't be afraid to show your own emotions and self-regulation strategies. While you'll obviously want to avoid sharing anything too personal with children, they should still see us experiencing and handling our own feelings. Tell them how you are feeling, then show them how to respond in a healthy manner.

10. FORMULATE A PLAN

As much as we try to prevent children from experiencing dysregulation, it's always wise to have an appropriate plan for when it does happen. Discuss this strategy with the child (if appropriate) and their family. The best approach for an individual child is often a bespoke one; it's hugely important to know in advance what might help and what could worsen the situation.

Meet Our Expert

Georgina Durrant is an author, former teacher, Special Educational Needs Coordinator and the founder of the award-winning SEN Resources blog, where she shares activities, advice and recommendations for parents and teachers of children with SEND.



#WakeUpWednesday

The National College



Staff updates

We wish Mrs Foot well as she leaves us today for pastures new. She will be missed at Leesons.

We would like to welcome Mr James, our new Year 6 teacher, who starts with us on Monday and Mrs Porritt, a new Midday Supervisor, who joined us today.

Junior Duke

We would like to celebrate the achievements of those taking part in the Junior Duke programme. This week the following children have completed tasks. Well done and keep up the hard work.

Name	Class	Activity
Minaiya	Fox	Independence Communication
Ronnie	Woodpeckers	Cookery Creation Domestic Challenge Interest Writing Exercise Outdoors Caring for Others
Lily	Fox	Independence

Well done Ronnie, you have completed your Gold Mini Duke award. Your badge and certificate will be coming your way.

Need inspiration?

Squirrels and Hedgehog class / Micro Duke families - Being Prepared activity - do you pack and carry your own bag school? Have a think what needs to be in your bag on a daily basis (water bottle, reading record, lunchbox) and pack it ready for your grown up to check. Then, carry it to school by yourself for two whole weeks.



Leesons Primary School Weekly Newsletter

Fox and Badger class / Bronze Junior Duke families - Communication activity - follow this link for a video showing 100 British Sign Language signs - <https://youtu.be/gMNHvXSW4iE?si=kpahNvdivu720UwA>

Rabbit and Mole class / Silver Junior Duke families - Computer Skills activity - have a go at designing a party invitation. Use this link to find some invitation ideas - https://www.canva.com/en_gb/

Highlights of the week



This term, Little Orchards have their very own hairdressers and salon in the role play area. Through reading signs and money, the children will be developing their communication skills, whilst they're talking and having conversations with their peers. They'll also learn to develop new ideas, listening skills, and the ability to work in a team. Through interaction, they will develop their social skills too.

Disco

The Friends of Leesons Easter disco will be taking place on Friday 22nd March. Hosted by Krazy K Parties, the ticket price of £5 will include an hour of dancing, games and competitions and unlimited squash or water.

For an extra treat our tuck shop will be selling a selection of crisps, sweets and drinks as well as some fun light-up accessories.

Reception, year 1 and 2 disco will be 4-5pm.

Year 3 to 6 disco will be 5:15-6:15.

Tickets MUST be booked in advance through www.pta-events.co.uk/friendsofleesons



Leesons Primary School Weekly Newsletter

There will be no cash admissions on the night. Booking online allows us to collect emergency contact and allergy details and creates the registers ensuring the safeguarding of the children. Bookings close on Tuesday 19th March to allow us to buy the right amount of tuck and prepare for the event. No one can be added to the registers after this date.

Thank you in advance for supporting the Friends of Leesons.

World Book Day - Thursday 7th March

On World Book Day this year, all children and staff will dress as a word. Please see the examples on the attached file.

<https://docs.google.com/document/d/1PB7wY6DHky9UzTzdiSn9CvOFzRbleVupCVNkTjSe25k/edit?usp=sharing> We will also be asking everyone to bring in a toilet roll to decorate as a book character during the day. We will also have a Masked Reader Quiz where masked staff will read a story on Dojo and children will collate the answers through the week and be entered into a raffle if they get them all right.

During March, each class will be walking to Waterstones to spend their £1 book token. Your Class Teacher will inform you of the dates.

Orpington Library will also be running an event. Please see the details below.

Date: Thurs 7th March

Time: 4-5pm

Event: Join us to celebrate World Book Day with stories, songs and activities

Age: 4-7s

Venue: Orpington Library

Both sessions are accessible to book via Eventbrite: <https://orpingtonlibrary.eventbrite.co.uk>

What's on?

Week 2	
Tuesday - 27.02.24	<ul style="list-style-type: none">1.15 Caroline Rous from Spinnaker full school assembly
Wednesday - 28.02.24	<ul style="list-style-type: none">9am - Coffee Morning Geography
Friday - 1.03.24	<ul style="list-style-type: none">Parents coffee morning with P. CabbBook Sale - eco committee
Week 3	



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Monday - 04.03.24	<ul style="list-style-type: none">• Fox Library visit 10am-11am
Tuesday - 05.03.24	<ul style="list-style-type: none">• EYFS Dental lady in all day• Reception to Waterstones
Wednesday - 06.03.24	<ul style="list-style-type: none">• 9am - Coffee Morning History RB• KS1 Trust Cricket Festival• Rabbit to Waterstones - am• Mole to Waterstones -pm
Thursday - 07.03.24	<ul style="list-style-type: none">• Badger Library visit 1.30pm-2.30pm• World Book Day - information above• Boys football match (away at Poverest)• Owl to Waterstones - am• Robin to Waterstones -pm
Friday - 08.03.24	<ul style="list-style-type: none">• Girls football Day• Assembly - World Book Day
Saturday 09.03.24	Cross country race yr3/4 at Crystal Palace

Week 4

Monday - 11.03.24	<ul style="list-style-type: none">• Woodpecker Library visit 10am-11am• Badger to Waterstones - am• Fox to Waterstones -pm
Wednesday - 13.03.24	<ul style="list-style-type: none">• 9am - Coffee Morning Science• Woodpecker to Waterstones - am• Kingfisher to Waterstones -pm
Thursday - 14.03.24	<ul style="list-style-type: none">• Kingfisher Library visit 1.30pm-2.30pm• Kestrel to Waterstones - am• Stag to Waterstones -pm
Friday - 15.03.24	<ul style="list-style-type: none">• Red Nose Day - event TBC

Week 5

Monday - 18.03.24	<ul style="list-style-type: none">• Owl Library visit 10am-11am
Tuesday - 19.03.24	<ul style="list-style-type: none">• Parents Evening
Wednesday - 20.03.24	<ul style="list-style-type: none">• 9am - Coffee Morning for Year 1 parents RWI screening



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	<ul style="list-style-type: none">• Lacrosse comp Yr5/6 at Beckenham
Thursday - 21.03.24	<ul style="list-style-type: none">• Robin Library visit 1.30pm-2.30pm• Parents Evening
Friday - 22.03.24	<ul style="list-style-type: none">• 2.30pm Woodpecker class assembly (Eid)• FOL Disco - more details to follow from FOL after half term

Week 6	
Monday - 25.03.24	<ul style="list-style-type: none">• Reception Library visit 10am-11am
Tuesday - 26.03.24	<ul style="list-style-type: none">• Church services - Whole school to attend
Wednesday - 27.03.24	<ul style="list-style-type: none">• Easter parties
Thursday - 28.03.24	<ul style="list-style-type: none">• FOL - Easter trail• Easter raffle Draw• 2.45pm - Easter bonnet parade on playground - parents and carers invited to watch
Friday - 29.03.24 Good Friday	

Holiday - 29.03.24 to 12.04.24



EASTER HOLIDAY CAMPS 2024

⚽ **Football Camps**
👧 **Girls Only Football Camps**
🏆 **Multi-Sports Camps**
(Usual sports: Archery, Athletics,
Basketball, Cricket, Dodgeball,
Football, Hockey, Lacrosse,
Tag Rugby, Tennis)
AGES: 5 - 12 Years old
TIMES: 10 am - 3 pm

2ND - 5TH APRIL
8TH - 12TH APRIL

- ✓ Fun and Safe Environment
- ✓ Medals and prizes awarded through out the week
- ✓ Qualified and DBS checked coaches
- ✓ Enjoyable days of sport for every child



4 DAY CAMP 2ND-5TH APRIL
5 DAY CAMP 8TH-12TH APRIL

**10% EARLY BIRD
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