# EASTER HOLIDAY GUIDE

Hello everyone,

School life has ground to halt over the last two weeks! As Mr Collins video showed this week, we are indeed missing you! I hope you are well and safe at home with your families. Well done to you all (parents included) for two weeks of home learning! It's been lovely to see pictures and receive responses of your learning and to know that you have been working hard at home.

As it is now the Easter break, we are not giving you home learning for the next two weeks, but this is your guide full of activities that you may wish to do at home! I love art and try to grab any opportunity to draw so would definitely recommend <a href="http://www.robbiddulph.com/draw-with-rob">http://www.robbiddulph.com/draw-with-rob</a> - could you have a go at drawing a

Stay Safe and Enjoy!

Mrs. Simpson

Sausage dog?





Don't forget you can share your learning with your teachers on your class dojo page.

We will be checking these again every day after the Easter holidays!



# Staying safe online

We know that spending more time at home might mean more time on devices, games and the internet.

This is the time to put everything you have learnt at school to good practice to make sure you are been light, bright and polite online.

Here are some important reminders....





# Do you love building things?

Take a look at the ideas below for some fun ways to keep busy with blocks, bricks and things from round the house!



Lego challenge
Try the 30 day Lego challenge.
Could you complete <u>two</u>
challenges every day?



Make shelters for teddy bears. Pour water over and the driest one wins!

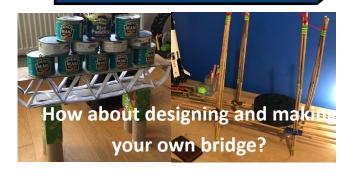
# Toy town

Use some recycled card and your toys to make your own town.



# Tin can totem poles

Use up those empty tins to decorate them and make an animal totem pole!





# Do you like painting and making things?

Here are some ideas of what you could make with things in your home or from the garden.



# **Origami For Kids**









# **Pebble painting**

Collect some pebbles from your garden or when out for your daily exercise and have a go at painting them!



Ladybug

Talking Dog



Fortune Teller



Pelican

Twirling Bird







# **Toilet roll transformations!**

Here are lots of ideas for the insides of those much sought after toilet rolls!

















# **Elmer the elephant**

Make your own Elmer elephant out of your empty milk cartons!



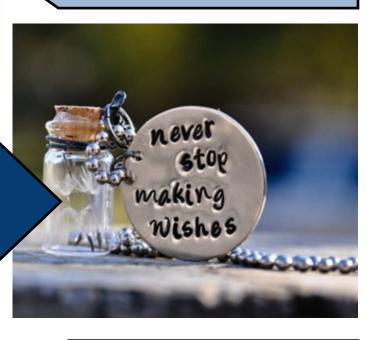
# Ready Steady COOK!

# Be Inventive!

Create a dish using three ingredients from your kitchen cupboard! What will you make

# Jar of Wishes...

How about creating a "jar of wishes"...of the things you miss doing and look forward to doing when isolation is over. You then can pull out a wish a week and enjoy your activities of choice!



https://ioi.london/ latest/new-videomake-your-ownpaper-rocketlauncher/



In this video, they explore the power of flight with a simple paper rocket launcher that you can make at home with every day materials.

Watch the video through a few times to get the hang of the activity.

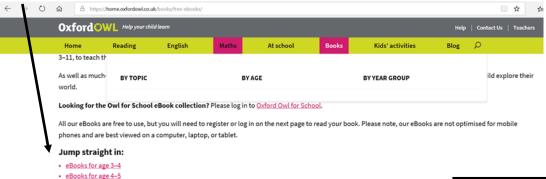


### Oxford Owl - Free eBooks

Oxford Owl are offering free eBooks for children to read whilst they are at home.

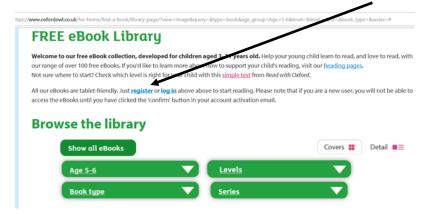
There are so many to choose from!

**Step 1:** Scroll down and click on the correct age bracket for your child.

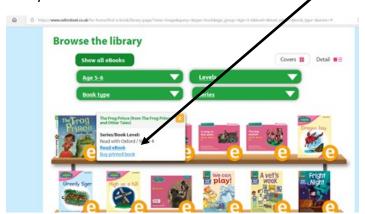


- eBooks for age 4-
- eBooks for age 5–6
- eBooks for age 6-7
  eBooks for age 7-9
- eBooks for age 9–11

**Step 2:** Once you have done this, the site will ask you to register.



**Step 3:** Once you have registered you can click on the correct age bracket again and then select any of the books on show. When you have selected a book click 'Read eBook'.



**Step 4:** The book will then open in a separate tab and you can turn the pages using the arrows! Happy reading!

# **Audible**

The audio book app Audible have also made all of their children's audio books free to download during school closure time.

A great alternative to reading is listening to someone read it out loud!



# Stories help.

They entertain. They teach. They keep young minds active, alert, and engaged.

For as long as schools are closed, we're open. Starting today, kids everywhere can instantly stream an incredible collection of stories, including titles across six different languages, that will help them continue dreaming, learning, and just being kids.

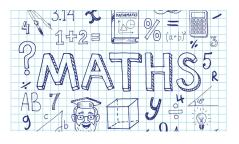
All stories are free to stream on your desktop, laptop, phone or tablet.

Explore the collection, select a title and start listening.

It's that easy.

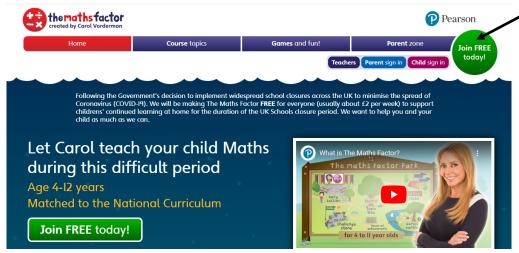
Start Listening

## Love Maths?



Make your way over to **themathsfactor** as are offering FREE membership at the moment!

**Step 1:** Press the 'Register' button below and complete the form so they can arrange your access to themathsfactor.com



**Step 3:** Please NOTE, they are working really hard to set up your account as quickly as possible but due to demand they are receiving more requests than normal and it's taking us around 4 days to get your access.

# **Step 2:**



You will receive an email in due course with your login details to begin using the website.

# Bingo is the best!

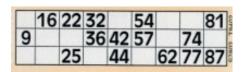
Have you ever played bingo?

⇒ We've been playing it is so much fun! It's a great family activity and if you haven't got the machine, this is a great online bingo calling website:

# https://www.online-stopwatch.com/random-number-generators/online-bingo-caller/

- ⇒ Each player just needs a piece of paper with 15 random numbers from 1 to 90! Mark them off as you go and the first person to get all 15 shouts BINGO!
- ⇒ You can also play by being the first to get one row, then two rows, then a full house.
- ⇒ Alternatively, there are lots of free printable bingo cards online.
- ⇒ You can link it more to Maths by shouting out the times table when the number is called e.g. if the number 49 is called, you could shout out 7 x 7!

Happy playing!





# **Love Science?**

Head to <a href="https://melscience.com/US-en/academy/">https://melscience.com/US-en/academy/</a> or follow them on Instagram @melscience.

They have made all their science webinars completely free for the next 3 months!



# Here is a sample of the webinars that have been on offer:

### 2 April

EST	GMT	Subject	Topic	Age	MEL experiment	DIY experiment
8 am	1 pm	Chemistry	Acids and alkalis	10+	Colorful Chemistry: Magic Liquid	Homemade pH-indicators
9 am	2 pm	Physics	Static electricity	8+		Homemade electroscope and static balloon
10 am	3 pm	Elementary science	The power of levers	5+	Jungle Jack	Ruler & coin scales
11 am	4 pm	Chemistry	Acids and alkalis	10+	Colorful Chemistry: Magic Liquid	Homemade pH-indicators
12 pm	5 pm	Physics	Static electricity	8+		Homemade electroscope and static balloon
1 pm	6 pm	Elementary science	The power of levers	5+	Jungle Jack	Ruler & coin scales
2 pm	7 pm	Chemistry	Acids and alkalis	10+	Colorful Chemistry: Magic	Homemade pH-indicators







https://www.youtube.com/watch? v=0PSgoPdKQFQ



How about making a Easter egg treasure map?



The Easter Story	Jesus was born in Bethlehem. He grew up in Nazareth with his Mother and Father. He became a carpenter.	When he was about 30 years old he began reaching the people. He also performed some amazing miracles.	Jesu asked twelve men to be his helpers. He called them disciples.
The leaders didn't like what: Jesus was doing. They wanted him arrested.	One of the disciples called Judes told the traders about Jesus and he was arrested.	Many of the disciples were frightened and rin eweny. Peter was so scared he told people that the did not know Jesus.	Jesus was sentenced to dec The solders took him to a colled Golgotha.

Design an egg sculpture or board game around the Easter theme.

esign a artoon strip of the Easter story.

# Non-screen activities!

Need some time away from the screen? See a list of great ideas below!

# Non-screen activities you can do at home

What can you do when there's no school and you're stuck at home? Here are 25 fun ideas to choose from.



How many different words can you make from the letters in this sentence, below? Grab a pencil and paper and write a list! Thank a community hero. Think of someone that helps you in some way and write a short letter to thank them.

Get building!
You could build a
Lego model, a tower
of playing cards or
something
else!

4 Can you create your own secret code? You could use letters, numbers, pictures or something else! Can you get someone else to try and crack it?

5 Start a nature diary. Look out of the window each day and keep note of what you see. Birds, flowers, changes in the weather, what else?

'Learning from home is fun'

6 Hold a photo
session. Use a
camera or a mobile
phone to take some
snaps. What will you
photograph? Your
pets or toys perhaps?

**7** Build a reading den. Find somewhere cosy, snuggle up and read your favourite book!



Use an old sock to create a puppet. Can you put



Make a list of all the electrical items in each room of your home.

Can you come up with any ideas to use

less electricitu?

Design and make a homemade board game and play it with your family.



Do something kind for someone. Can you pay them a compliment, make them something or help them with a task?

12 Can you create a story bag?
Find a bag and collect items to go in it that relate to a well known story. If you can't find an item, you could draw a picture to include.

List making!
Write a list of
things that make you
happy, things you're
grateful for or things
you are good at.



Design and make an obstacle course at home or in the garden. How fast can you complete it?



Can you invent something new?
Perhaps a gadget or something to help people? Draw a picture or write a description.

Keep moving!
Make up a
dance routine to your
favourite song.



Write a play script. Can you act it out to other people?

Read out loud to someone.
Remember to read with expression.



Write a song or rap about your favourite subject.



**20** Get sketching! Find a photograph or picture of a person, place or object and sketch it.



21 Junk modelling! Collect and recycle materials such as yoghurt pots, toilet rolls and boxes and see what you can create with them. 22 Draw a map of your local area and highlight interesting landmarks.



Write a postcard to your teacher.
Can you tell them what you like most about their class?





25 Get reading! What would you most like to learn about? Can you find out more about it in books? Can you find a new hobby?

**Pobble.com** – More writing. More progress.



# A message from Leah, our school counsellor

Don't be afraid to have conversations with your children about coronavirus – not talking about something can sometimes make children worry more. You don't need to have all the facts and the answers. There are lots of resources for you to read together, or for you to direct your child to, to help ease their worries.

CBBC's Dr. Chris and Dr. Xand talk about why coronavirus 'may not be as scary as it sounds' (https://www.bbc.co.uk/newsround)

Being at home and feeling stuck indoors can be very challenging! Activities with a purpose or a project can bring a sense of achievement. For older children, getting involved in cooking can distract from difficult feelings. For younger children, anything laying around the home can become a project; old boxes, yoghurt pots, even a scrap of paper can be transformed into something with a little imagination. Check out the activities in this newsletter! Encourage your child to grab some felt tips or pencils and find a space at home where they can make a bit of mess.

# Finally, be kind to yourself. You are doing a great job!

# Tips on how to keep mentally healthy during uncertain times

Looking after your mental health is vital, especially when you're stuck at home. Click on the link below to explore ways to keep healthy!

https://www.actionforhappiness.org/news/how-to-keep-mentally-healthy-duringuncertain-times



# Help is nearby...

People may be experiencing an array of different feelings, and these might be changing and flowing at different times; as well as soaking in other people's feelings and sensations. Hopefully these videos will be a useful tool to support you at this difficult time!

- 1. Hand or star breathing- <a href="https://youtu.be/NAldSdx-jps">https://youtu.be/NAldSdx-jps</a>
- 2. Sensory, grounding, soothing, and regulating box- <a href="https://youtu.be/9XyxqWiqLk0">https://youtu.be/9XyxqWiqLk0</a>
- 3. Muscle tensing and releasing tool- <a href="https://youtu.be/FbhUxg9eHDE">https://youtu.be/FbhUxg9eHDE</a>
- 4. Left and right body breathing- <a href="https://youtu.be/MHwiqovPrXY">https://youtu.be/MHwiqovPrXY</a>
- 5. Rhythm and butterfly breathing- <a href="https://youtu.be/e6z6TJ1wQDM">https://youtu.be/e6z6TJ1wQDM</a>
- Externalising worry through worry dolls, worry plaques etc- <a href="https://youtu.be/5Q-EoWSJQJg">https://youtu.be/5Q-EoWSJQJg</a>

I'm thinking of you all and hope to see you soon.